

Our *Baby Navigator Class* is for families of infants and toddlers to learn about the milestones that matter most. Designed as a companion to our *Social Communication Growth Charts*, you are invited to join an interactive online chat with other parents where a team of professionals will guide you through each meeting — twice a month — to discuss how babies learn and the milestones that matter most. Connect with other families of young children, share information, ask questions, and hone your observation skills watching videos. Learn how to support your child’s development using strategies that will help prepare them early for preschool and kindergarten.

About our *Social Communication*[™] *Growth Charts*

Our Social Communication Growth Charts is a powerful tool to help parents of infants and toddlers or anyone interested in young children to learn the critical milestones to launch language, learning, literacy, and much more by 24 months. Each month, babies reach important new milestones — *the ones that matter most* are the ones they should reach before learning to talk. The most important learning begins with the interactions you share with your baby, taking turns and exchanging sounds, facial expressions, and gestures.



Explore the milestones — The **Explore** function lets you explore hundreds of video clips to learn the milestones in five domains of social communication development: language, play, social interaction, emotional regulation, and self-directed learning. Select one of the 5 domains and an age, every 2 months, from 7 to 24 months.

Each domain offers two developmental threads with side-by-side video players so you can see how milestones change and grow over time. Each Milestone video has a companion support video with commentary explaining how each parent or grandparent supports their child’s learning in ordinary everyday moments, like bath time, diapering, feeding, dressing, and family chores.

Chart your child’s social communication growth — The **Chart** function lets you chart your child’s development after answering a series of questions. Then monitor which milestones they have reached, which are emerging, and which ones to look for in the coming weeks and months.

Everything you do and say matters. Especially during this critical period when your baby’s brain is developing the most rapidly and is shaped by the experiences you provide. Catching communication and language delays early can prevent potential problems later with behavior, learning, reading, and social interaction.

Who can participate in our *Baby Navigator Class*?

Our *Baby Navigator Class* is **free** for parents, grandparents, other family members, and guardians or caregivers who are caring for babies between 6 and 24 months of age. It is offered for two age groups:

- 6-12 months, *Before Words*
- 13-18 months, *First Words*

You can begin when your baby is 6 months or later, and move up to the next age group until your baby is 18 months.



Access Anywhere, Anytime

Explore, chart, and join our *Baby Navigator Class* from your smartphone, tablet, or computer. It doesn't matter which platform you use, but good connectivity is important. We have a team on hand to provide technical support.

How to Enroll in our Baby Navigator Class

Find out when our *Baby Navigator Class* is offered and reserve your seat at FirstWordsProject.com/Baby-Navigator-Class

Track Your Child's Growth and Celebrate Every Milestone Reached

Track 10 new milestones every 2 months in five developmental domains.



Language

Discover how babies go from sounds, to words, to sentences in the first two years. Babies learn to use gestures like giving, reaching, waving, showing, and pointing. They babble, play with sounds, and learn from what they hear around them. This growing collection of gestures and sounds propels first words. By their first birthday, babies can say 1-2 words. They learn 1 new word each week until 18 months, when most can say 10-20 words. Then, like magic, babies begin learning a new word a day. By 24 months, they can use 100-200 words, and put together simple sentences.



Play

Discover how babies learn and make connections with the physical world and how things work. Babies are natural explorers. First, they explore objects by mouthing, banging, and dropping, then by using functional actions like pushing, turning over, scooping, pouring, and stacking. Learning what they can do with objects leads to pretending, and that launches imagination.



Social Interaction

Discover how babies learn to share enjoyment, interests, ideas, feelings, and experiences to connect with others in back-and-forth exchanges. Babies learn to use gestures, sounds, eye gaze, and facial expressions to get your attention and let you know what they want and don't want, how they feel, and what they're interested in. They are eager to interact—to share their experiences and ideas and listen to yours.



Emotional Regulation

Discover how babies learn to focus and refocus their attention and regulate or manage their emotions. Babies share their happy moments and sad or frustrated feelings. Learning to use actions, facial expressions, gestures, and words are crucial to learning how to manage emotions, so they can stick with necessary activities, flow with unexpected situations, and stay engaged in learning. These social communication skills make it easier to work through moments of frustration all babies face.



Self-Directed Learning

Discover how babies are active learners, make connections from their experiences, and become creative thinkers. Babies learn to watch and imitate what others do and say, which is essential to learning new words and actions. The words they hear help build vocabulary and inspire interest in learning. Their ability to imitate sparks a vocabulary burst and, as word learning explodes, they use words and phrases to describe, inquire, and negotiate with others. It is *this ability* to talk, imagine, and create new ideas that launches their drive for lifelong learning, and sets the stage for school success.

Everything you do and say matters. Learn how you can encourage milestones that matter most.

For more information about our *Baby Navigator Class*, visit www.FirstWordsProject.com.